## Becoming Me Again Eco Retreat



in partnership with



BRIONY LIBER



## **Refocus. Realign. Reawaken.** in the quiet wild beauty of Madikwe Game Reserve

We invite you to join us for a deeply restorative 3-day women's wellness retreat in the heart of the wild.

**Becoming Me Again**: A powerful healing experience amongst the simplicity & stillness of Mosetlha Bush Camp & Eco Lodge.



Off the grid with no distractions - a chance to unplug, be present, and rediscover who you are... beneath the noise, beyond the roles.

## 5-8 September 2025

3 nights, All Inclusive

R4 800 pp sharing (per night) or R9 000 pp single (per night)

## **Retreat Highlights**

- Neuroscience-backed coaching and workshops with master coach, Briony
- Guided meditative and somatic practices with holistic life coach, Julia
- Game drives and bush walks with Jonny & Justice, Mosetlha's expert field and trails guides

Come as you are. Leave as who you were always meant to be.

**Reserve Your Spot Today!** 

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